



Your Doctors

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OPENING TIMES

8AM—6.00pm

Dispensary 9am—5pm

Closed Saturday & Sunday

Enhanced Access Monday & Tuesday evening, by pre-booked appointment only.

Call 111 for medical advice & direction: 999 for life threatening emergencies.

When to call 999?

You should always call 999 in a life-threatening emergency: heavy bleeding, chest pain, collapse or losing consciousness, extensive/major burns, sudden facial or limb weakness, seizures, spinal injury, floppy unwell infant, severe allergic reaction, poisoning or overdose, headache with loss of consciousness all need 999. Unsure what to do, dial 111 to be directed.

STAFF NEWS

A BIG Welcome to **Nikki Coombes** who joins our team as a dispenser—we wish her well in her new job

Travelling this summer?

If you are **traveling or visiting family across the UK this summer**, remember that many pharmacies can **provide prescription medications for certain conditions** without the need for a GP appointment should you need help.

This service, known as **Pharmacy First**, covers a range of ailments, including:

- **Impetigo and infected insect bites for individuals aged one and older.**
- **Earache for those between one and seventeen.**
- **Sore throat for ages five and up.**
- **Sinusitis for those twelve and older.**
- **Urinary tract infections in women aged sixteen to sixty-four.**
- **Shingles for adults eighteen and over.**
- **Advice from a pharmacist after contacting NHS 111 or a GP**

Using the NHS [Find a pharmacy - NHS](#) you can use the postcode you are staying at to search for your local pharmacy.

An extra tip

If you have forgotten to pack your prescription medication, a pharmacist can arrange an emergency supply, even if you are far from home.



An NHS graphic with a yellow background and a blue wave at the bottom. It features the NHS logo in the top left and right. A blue arrow points from the text 'Hygiene awareness' to the right. Below the arrow, it says 'Pack your medicines properly.' and 'Carry your medicine in hand luggage in their original packaging and with a copy of your prescription.' There is an illustration of a red suitcase and a blue suitcase with a white cross on a red background.

From July 2025, younger women (aged 25 to 49) who test negative for HPV, meaning they are at very low risk of cervical cancer over the next 10 years, will safely be invited at 5-year intervals rather than 3, in line with major clinical evidence.



Changes to cervical screening in England for those aged 25-49

BOOST YOUR IMMUNITY THIS WINTER WITH THE FLU VACCINE + COVID-19 BOOSTER

We are currently busy working on the preparation for the **Autumn/Winter 2025/26 Flu and Covid Vaccination Programmes**.

When Autumn comes, protection from any earlier COVID-19 vaccination you may have had will be **starting to wane**. For those who are more likely to **become seriously ill from COVID-19**, the NHS offers a free vaccine in the autumn, previously known as the 'Autumn Booster'

The **Flu Vaccination programme** aligns to COVID-19 vaccinations to support co-administration of flu and COVID-19 wherever possible and provide the **best possible protection** as we head in to winter.

Eligibility and dates the programmes will start from will be shared with you shortly via our website news, social media and newsletters.

APPOINTMENTS

CAN'T MAKE IT?


DON'T NEED IT?

PLEASE CANCEL IT!

Here at Bradworthy Surgery in the last two months, a total of **100 appointments** have been missed with the GP or Nursing team - time wasted preparing for your appointment and care time for other patients.

This is a total of **24 hours** worth of appointments missed!.

Can't make it? Let us Know!

- ✓ Please inform as soon as possible
- ✓ Cancel via our website or the NHS App
-  Set reminders so you don't forget

When you **attend** or **cancel** you can help:

- Reduce wait times
- Keep services running
- Save NHS resources
- Stop care delays for others.



Do your part - don't let your appointment go to waste!

August and September Closures

Advanced Notice

August 2025

We will be closed on **Monday 25th August** Bank Holiday: all day

If you need urgent medical advice when we are closed please call 111 or go to our website for options.

September 2025

We will be closed **Thursday 11th September** Staff training: 1pm onwards

For life-threatening emergencies call 999
For urgent medical advice call 01409 241215 so you can be directed.

Sunburn increases your risk of skin cancer later in life



Apply sunscreen to all exposed skin, including ears, head and neck

#CoverUpMate

Sunscreen and sun safety - NHS

Farmers, builders, sportsmen, gardeners, out-door workers are all being targeted by NHS England South's "Cover Up, Mate" campaign—men are a particular focus—they are less likely to slap on the sunscreen than women.